

IMPORTANT DATES

NOVEMBER

5th Nov – OPEN DAY

16th Nov – Our Second
Birthday.

SKD Keysborough officially
running for 2 full years. A
month of fun and celebration
for us.

18th Nov – Ladies Self
Defence Seminar

19th Nov – Parents Day

DECEMBER

12th – 17th Dec – Grading
week.

16th Dec – Xmas Party

Details coming soon.

2023

Planning underway for Japan
Tour. More info to come.

New Timetable, new classes,
more special events.

SKDK NEWS

Welcome

A big month for our Keysborough Dojo this month. We are celebrating our second birthday. Starting amid the Covid 19 problems was a challenge. But thanks to our members we have grown into a fantastic karate family. We are proud to be here giving each of our members something to look forwards to every week.

We are running an Open Day to celebrate our success, and any help you can give us will be greatly appreciated. Whether it is spreading the news to your friends at school or work, helping with demonstrations on the day, or just being a welcoming face for people who sign up.

Coming closer to the end of the year, remember that we run classes through the summer school holidays as per our normal timetable. We do have a small break Christmas to New Year, but will be back and refreshed in early January.

A graphic announcement for an Open Day. The background is a photograph of a traditional Japanese building with a thatched roof, surrounded by trees and a pond. The text is overlaid in large, bold, red and black fonts. The main text reads 'OPEN DAY' in large red letters. Below it, in black, is 'Come help us celebrate our 2nd birthday.' The date and time are 'SAT 5TH NOV 2PM' in large red letters. Below that, in black, are three lines: 'Join in our karate games and activities.', 'Watch demonstrations from our students.', and 'Door prizes and giveaways.' At the bottom, in black, is '40% discount if you join up on the day.'

NOVEMBER BIRTHDAYS

SKDK would like to
wish a Happy
Birthday to –

Noah W

Andrea S

Harvey S

Jonah C

Samuel C

Dev Raj S

Liam P

Zara P

Leo M

Did you know
Karate Birthday
Parties are available?

Ask for more
information at
reception

Friday Night Event

Games Party night was a huge success for our Juniors, and the Mighty Samurais enjoyed their Saturday morning party in class. This month we are doing something a little different.

PARENTS DAY

Saturday 19th November.

Mums and Dads, carers and guardians, come join your child on the mat for a fun “Train your Parents” class. Each of our classes will have the opportunity for you to participate in drills and exercises that your kids love. It will also give you a chance to bond with your child over karate.

We will take it easy on you, not too much hard work. Please come and support your child if you can.

LADIES SELF DEFENCE SEMINAR

Friday 18th November

Open to ladies 13+ to learn about awareness and risk assessment, and to learn some basic techniques to keep yourself safe. Bring a friend or neighbour, or find a partner on the night.

This is an open event, not restricted to our club members and families. If you know anyone who may be interested, please bring them along. Give yourself the gift of confidence.

Training T-shirts

Now the weather is warming up, we are again offering you our white training T-shirts as an alternative to Gi jackets. They are available at reception for \$25.

Important note – All gradings are done in FULL GI UNIFORM (including jackets). Do not wear T-shirts to gradings.

A full range of branded merchandise is available. Come check out our display at the front desk.

Congratulations



Did someone say gradings? Yes, after the September gradings for our students, there was an October grading for current black belt students, and those attempting their black belts.

Now we have SENSEI Gary, promoted to Nidan.

Also a big well done to Senpai Elton on earning his Shodan-ho Black Belt.

100 Kata Challenge – Juroku

Sunday 30th Oct we had many of our students complete the 100 kata challenge at our Cranbourne dojo. Well done to all, especially Isha from our Juniors Red and White belt group. This event raised \$270 for flood relief.



Sensei Caitlyn would also like to thank everyone for their support for her fundraising walk for Juvenile Diabetes Research. Her team completed the 125 Kms and have exceeded their target of \$1000, reaching a total of nearly \$1500 with support from our dojo and private donations. Well done Sensei

To all of our students, remember that your training develops a mind set of working consistently to build a big success later. There is no rushing life, celebrate your own successes, and be proud of who you are. We are proud of all of you.

CONTACT US

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Facebook

Remember we have a closed group on Facebook where we display photos, videos, news, etc in a safe place away from the general public. You can apply to join the group, but you **MUST** answer the security question – “What is the name of the student?”. This way we know who you are and how you are connected to the club.

This newsletter is available on your email and on our Shukokai Karate Dojos – Keysborough Members and Parents group on Facebook.

